

The Wright Choice Experience

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The Wright Choice Experience is a 6 week program designed to emerge you feet first into a new world healthier living. Lead by Dr, Wright and his amazing team, this once a week gathering will totally change how you look, think and experience your life. This experience will walk you step by step through creating a “Health Plan” for you and your family. You will learn basic nutritional facts that everyone with a mouth should know and dispel many health myths like the low carb lie. You will learn and practice specific skills that will empower you to stand up and say NO to that triple chocolate cookie that calls you every night at 12 AM. You will throw away your scales and be free of the burden of obsessing over your weight. On completion of this experience, you will be armed with all you need to take control of your health and the health of your family.



As a graduate of the course, you will join other individuals who have also made “The Wright Choice” and are now committed to living that life daily. As an alumni, our online community provides you with a continual support system where you can be part of the changing face of health care. You get to meet others with your same goals, share idea, exchange tips, and learn how to start programs in your own community.

[Click here to request more information about the course.](#)